## Urgent: Proposal for coming Friday Khutba/talk: World AIDS DAY:1 Dec 2012

Dear Imams,

Assalam Alaykum

If you allow me to suggest to you: It will be helpful and very useful to present a brief from the article below on AIDS at coming Friday prayer(Khutba or talk) in order to educate the Muslims about this killer disease, especially as many affected by the disease and do not know it ?, to show the EIJAZ/miracle medically in the prevention of AIDS through the healthy Islamic behaviour. It can be presented also as a talk at Friday prayer.

PLEASE **SEND** THIS E-MAIL/ARTICLE ON AIDS TO ALL THE MOSQUES AND IMAMS AND MEMBERS OF MINAB; Please put it on your website or publish it in a newspaper or magazine. Please send it to all Imams/Muslims who give talks on TV/Radio/in mosques. You can give my name/ tel no for any query on the subject.

Thank you

Wassalam Alaykum

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#### WORLD AIDSDAY: 1 December 2012...ISLAMIC PERSPECTIVES

## LATEST FACTS AND FIGURES:

IN THE WORLD

-34.2 million are infected with HIV/AIDS in the world...2/3 are in Subsahara Africa Since it started,60 million were infected.

-2.15 million people were infected in 2011

- More than 30 million died from HIV/AIDS

-1.7 million died in 2011

## IN THE UK:

-100 000 are infected in Britain.

-25 000 are infected with the virus and do not know it, they are not tested and not diagnosed? They pass the infections to others.

-6500 new cases every year

-6000 were diagnosed last year

-600 people died last year

## **THE VIRUS:**

A retrovirus and is called HIV(Human Immune deficiency Virus)

It lives only in fluid and will die on dry surface

Is present in semen(sexual secretion of man), in the Vaginal secretion of woman, in blood, in Saliva/mouth(oral sex).

HIV/AIDS was discovered first in 1981 in Los Angelos in the Us among many homosexuals The virus DESTROYS the natural immune defence system of the body, leading to many opportunistic infections

Which invade the human body?

The infected person can infect others(wife, child, others)

## **INCUBATION PERIOD:**

It will take up to 10 years for the disease to become clearly manifested. During this period symptoms may not appear.

## THE COMMON CAUSES OF HIV/AIDS INFECTION AND HOW ISLAM PREVENTED MOST OF IT.

-Zina/adultery/fornication/immoral sex/prostitutes/girlfriend-boyfriend..... From an infected person.

(Vaginal, anal sex) (Forbidden in Islam)

Unfortunately we do have today some Muslim men/husbands and some Muslim youth/sons who got the HIV virus because of Zina.

It is very important to get them DIAGNOSED quickly before they do infect the wife/children during pregnancy. Zina/adultery can bring also more than 20 sexually transmitted diseases, apart from AIDS! -Anal intercourse/homosexual sexual relation(forbidden in Islam)

-Sharing needles/syringes for injection among drug addicts, when one person is infected

Taking drugs(Heroin, Morphine, Cocaine, LSD...) (forbidden in Islam).

Unfortunately, we have many Muslims today, especially some youth, who take illegal drugs and are addicted to it.

Some other causes for getting HIV/Aids infection:

-Blood transfusion, if not clean and not sterilised, more risk in third world poor countries

-The infected husband giving it to his wife after committing adultery/Zina with an infected woman/prostitute Or the infected wife giving it to her husband, after committing Zina/adultery with another infected

man

-The infected wife giving it to her child, during pregnancy, birth and in some breastfeeding

Rarely:

From the infected unclean razor blade in the barber shop

Any razor blade should be used once to be disposed after.

From an unsterilized medical instrument which carries the HIV virus, used during a surgical operation or in dental treatment(cut/blood)

## SYMPTOMS/SIGNS

-Chest problems, pneumonia and more infection with Tuberculosis

-Parasitic and fungal infections

-Flu-like symptoms: Cough, fever...

-Loss of weight/Wasting

-Gastrointestinal (Diarrhea, oesophagitis, tumours..)

-Kaposi sarcoma/Skin tumours

-Neurological and Psychiatric problems

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## TESTS

It is very important to do some tests, by finding the antibodies of the virus in the blood, especially after doing any of the Haram/forbidden causes of infection(Adultery, anal intercourse...).

Repeated test can be done after 3 months, as sometimes the test may not show the infection the virus yet. It is very advisable for pregnant woman to have the test early in pregnancy and to test both man and woman before marriage.

There could be many Muslims who are infected with the virus and do not know about?

Those who went astray and committed any haram practice or Zina, should have the test quickly before they infect their wives.

The GP can organise easily the test for any one

Testing can be done in confidentiality or in private clinic.

## **TREATMENT:**

There is no treatment for HIV/AIDS infection and there is no cure, AIDS is a killer disease! However there are some Antiretrovirus drugs which can be used to stabilise the symptoms, reduce infections and delay perhaps some deaths.

But Millions of poor people who are infected by HIV/AIDS are not having the medicine?

# PRIMARY PREVENTION IS THE BEST STRATEGY TO ADOPT ,AS IT WILL SAVE A LOT OF LIVES AND A BIG FINANCIAL BILL

By practicing Islam: Chastity/Abstinence before marriage and fidelity in marriage and by avoiding all haram risky behaviour (Zina/ adultery, anal intercourse/practicing homosexual anal intercourse, taking haram illegal drugs...)

Avoiding oral sex will help too, when one of the partners is infected in order to avoid some HIV/AIDS infections. This Islamic practice by itself will avoid us about 99% of HIV/AIDS infections. Hence the great role of Islam in the prevention of most HIV/AIDS infections.

More, the Prophet Muhammad(pbuh) has predicted before in a well-known Hadith that NEW DISEASES will occur when Zina/adultery and sexual immorality are widespread as it is today!

On top of all that, there is a great bonus of health, for the prevention of a large number of cases of HIV/AIDS infections, from our beloved physician and teacher Sayyidna Muhammad(peace be upon him), who asked us more than 1400 years ago to CIRCUMCISE OUR BOYS:

The World Health Organisation(WHO) has announced about 2 years ago, after doing repeated medical studies in Africa,

AND ASKED ALL THE WORLD:

TO CIRCUMCISE ALL BOYS AND MEN IN THE WORLD TO AVOID 60% OF HIV/AIDS infection....!!!

Last year:10 new medical studies have given the same message on Circumcision as the WHO. What a great healthy Sunnah and contribution from the final Prophet Muhammad (pbuh) to mankind.. Last year:President Obama in the US announced that he has allocated a special budget to CIRCUMCISE 5 million people in Africa!

Also the US Congress in 2008 allocated a budget of \$48 billion dollars for 5 years for HIV/AIDS infections. Many people do not know that any patient infected with HIV/AIDS will cost us over £100 000 in order to look after him/her during his/her life!

No doubt Islam is very ECONOMIC too, when practiced and will save us trillions of pounds! ALHAMDULILLAH FOR THE GREAT HEALTH GIFT OF ISLAM!

May ALLAH protect our children, our youth, our husbands ,our wives and all Muslims from any HIV/AIDS infections...Ameen

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