# 26 September: World Contraception Day Islamic Perspectives on Contraception

ARTICE AND TV SHOW

#### ISLAMIC PERSPECTIVES ON WORLD CONTRACEPTION DAY: 26 September 2012

- Islam encourages all of us to get married young in life (a man and a woman) ,but gay practice and marriage are forbidden.
- We are encouraged in marriage to produce many children (procreation) and to avoid the use of contraceptives.
- Any sexual relation should occur only during marriage and between a man and a woman only during marriage
- Chastity before marriage is "the natural blessed safe method of contraception"/free with no any harm and blessed by GOD.
- A child is a great GIFT from our Creator and is for the happiness of both father and mother and for the good and economy of our all society.
- Motherhood is highly rewarded in Islam and is for the health and safety and happiness of all: wife/husband and children.
- Sterilization is prohibited in Islam, except for good medical reason.
- Menstruation ,Ovaries/Ovulation,fertilisation,implantation(Alaq),pregnancy,womb and birth ,are all "programmed" physiologically in balance and harmony(best creation).

# Any interference with the "fixed" organized physiological hormonal balance is harmful and is opposed in Islam

• Disrupting this balance will cause many medical changes and problems:

#### "In the combined oral contraceptives

These pills contain estrogen and progestin and are taken daily. They:

- suppress ovulation
- thicken cervical mucus
- change the endometrium (lining of the womb) making implantation of the newly-conceived embryo less likely, and thus can cause an early abortion
- reduce sperm transportation in the woman's fallopian tubes"(Ref: SPU
- The human body is a temple to worship GOD.
- The womb is a highly sacred organ in Islam.
  - The womb is called AL RAHM in Arabic meaning a place of MERCY (and PEACE), and its name was taken from a Name of GOD: AL RAHMAN meaning THE MERCIFUL

The womb should be kept intact all the times and any embryo/fetus inside the womb should be fully protected(no abortion at all)

#### No foreign body should be inserted inside the womb, like IUD?

• It is forbidden for any Muslim to take any contraception in order to have sex before or outside marriage. Our unmarried adolescent girls and boys should not be given any type of contraception.

## By doing that, we are destroying and poisoning their innocent bodies and destroying their moral and religious codes.

- The use of contraceptives is behind the epidemic of sexually transmitted diseases, about 500 000 every year!.
  And is behind also: Prostitution, sexual immorality, pornography, affairs and adultery.
  No state and no law should force any married couple to stop having children or to reduce the number of their children by using any type of contraception.
- The UN plan of Birth control/Population control is based on the wide free distribution of all types of contraceptives.
- Already we have a demographic problem in many countries, especially in Europe: less children born? Because of the wide use of contraceptives which have given us also a new social/economic problem: rising number of the elderly, with no children/adults to look after **them?**
- GOD only is the Planner/Controller of all conceptions/population
- Sex education in schools which is based on sex before marriage with the free supply of contraception's (pills/condoms) to both boys and girls. This is opposed by Islam and by all Muslim parents.
- The Morning-after-pill(Emergency contraception), is very harmful type of contraception, the hormones are 50 times stronger than in the normal contraceptive pills, and is abortficient( causes mini abortion) and do bring sexually transmitted diseases for both boys and girls and all types of sexual immorality.

Any Muslim doctor or chemist should not prescribe or sell any of this dangerous pill.

- Similarly no any contraception should be prescribed or sold to any unmarried person or for sex outside marriage.The contraceptive pills have been found today to be harmful to health:
  - Increased risk of cancer breast/ovary, Venous thrombosis .. even it can cause. Death!

#### Unfortunately most women today are not aware of all these harms !

- We have to remember today that abortion is been used as a way for contraception?
- To avoid or postpone pregnancy, for personal or medical reasons, is allowed for a temporal period, except in the case of having permanent medical problem, but every Muslim should remember that ALLAH can make you have a baby whatever the method used to avoid pregnancy
- Married couple is recommended to use the Natural Family Planning techniques... which it can be used also to have a higher chance of pregnancy.

## Natural Family Planning is done privately (no doctor or nurse involved), natural, organized by both husband and wife, free, 100% safe and is spiritual too.

#### We badly need today many trained Muslim women counselors in order to spread the message widely

- Islam asked every mother to breastfeed her baby up to two years. Breastfeeding has been found by the WHO to postpone pregnancy: called Lactation Amenorrhea.
- Coitus interrupts/withdrawal technique (AZL), with the permission of the wife ,have been used occasionally by some Muslims in early Islam, although the prophet expressed his concern and unhappiness for this unnatural practice.

#### He said also:" Whatever you do...if ALLAH wants you to have a baby, you will have a baby!"

• Latest report about the Muslim world is worrying: the number of born children is less, mainly because of the use of contraception's which are widely propagated by the FAMILY PLANNING CLINICS?

#### Muslim nations should address this new serious problem and stop any one propagating contraception.

#### CONTRACEPTION IS CONTRAINDICATED ON THESE GROUNDS:

-Moral/Religious

-Health

-Social

-Economic

- & Demographic

#### FINALLY:

WE APPEAL TO ALL MUSLIMS TO JOIN THE PRO-LIFE PRO-FAMILY CHRISTIAN CAMPAIGNERS IN THE UK IN EUROPE AND IN THE UN, AGAINST THE USE OF ALL TYPES OF HARMFUL CONTRACEPTIONS AND AGAINST THE INTERNATIONAL UN EVIL PLAN FOR POPULATION OR BIRTH CONTROL.

Good reference on CONTRACEPTION by SPUC: http://www.spuc.org.uk/education/contraceptives

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